



PARENT RESOURCE

Topics Table of Contents	Resource
Anxiety	
	<i>The Worry Free Parent Living in Confidence So Your Kids Can Too</i> by Sissy Goff
	Raising Boys & Girls Podcast
	Anxiety: Finding the Better Story by Liz Edrington
	Counselor Recommendations Below
Baptism	
	Family Baptism Class at Eastside Community Church
Body Image	
	<i>Breaking Free from Body Shame</i> by Jess Connolly
	Counselor Recommendations Below
Depression	
	<i>Spurgeons Sorrows</i> by Zack Eswine
Family Dynamics	
	<i>Family Discipleship</i> by Matt Chandler and Adam Griffin
	Family Discipleship Podcast
	Risen Motherhood Podcast
	Priscilla Talk Podcast
	<i>Habits of the Household</i> by Justin Earley
Friendship	
	<i>No Greater Love: A Biblical Vision for Friendship Book</i> by Rebecca McLaughlin



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	<i>Emotional Dependency by Lori Rentzel</i>
Sexuality/Dating	
	<i>When Children Come Out by Mark A. Yarhouse and Olya Zaporozhets</i>
	Dr. Juli Slattery
	<i>Is God Anti-Gay by Sam Allberry</i>
	<u>The Holy Sexuality Project https://holysexuality.com/</u>
	<i>Eve in Exile: The Restoration of Femininity by Rebekah Merkle</i>
	<i>Every Young Man's Battle by Stephen Arterburn and Fred Stocker</i>
	<i>Every Young Woman's Battle by Stephen Arterburn and Shannon Ethridge</i>
	<i>Single, Dating, Engaged, Married: Navigating Life and Love in the Modern Age by Ben Stuart</i>
Pornography and Purity	
	<i>Unwanted by Jay Stringer</i>
	<i>Finally Free by Heath Lambert</i>
	<i>Passion and Purity by Elisabeth Elliot</i>
	<i>Aggressive Girls, Clueless Boys: 7 Conversations You Must Have with Your Son [7 Questions You Should Ask Your Daughter] by Dennis Rainey</i>
	<u>PureHOPE. https://purehope.net/about/</u>
	Passport2Purity by Family Life <u>https://www.familylife.com/passport2/</u>
Social Media	
	Navigating Culture with your Kids <u>https://axis.org/</u>
	<i>Social Sanity in an Insta World by Sarah Eekhoff Zylstra</i>
	<i>Social Media Pressure: Finding Peace Alongside Jesus</i>



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	<i>(Devotions for Teenagers) by John Perritt</i>
Suffering/Trials	
	<i>Tracks of a Fellow Struggler: Living and Growing through Grief by John Claypool</i>
	<i>Suffering by Paul David Tripp</i>
	<i>Suffering is Never For Nothing by Elisabeth Elliot</i>
Technology	
	PureHOPE. https://purehope.net/about/
	CovenantEyes.com , xxxChurch.com , HomeWord.com for “ Pure Foundation Resources ” for ages 3 to adult
	<i>The Tech-Wise Family by Andy Crouch</i>
	<i>Practical Guide to Culture by Brett Kunkle and John Stonestreet</i>
	See below for App Insight
Teen years	
	<i>10 Questions Every Teen Should Ask (and Answer) about Christianity - Rebecca McLaughlin</i>
	The Holy Sexuality Project https://holysexuality.com
	<i>Do Not Be True to Yourself: Countercultural Advice for the Rest of Your Life by Kevin DeYoung</i>
	<i>Guiding Your Teenagers by Dennis and Barbara Rainey</i>
Transgenderism	
	<i>When Harry Becomes Sally by Ryan T. Anderson</i>
	<i>Irreversible Damage by Abigail Shrier</i>
Additional	
	How Can I Be Sure What's Right and Wrong? (Apologetics for













































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	Christian kids, tweens, and teenagers 9-13. Case for objective morality.) (Big Questions) by Chris Morphew
	New City Catechism Web App and Mobile App
	https://theparentcue.org
	Prayer Guide for your children https://shop.familylife.com/product/lifting-my-children-through-prayer-updated-2022/
	<i>Counseling Through Your Bible Handbook: Providing Biblical Hope and Practical Help for 50 Everyday Problems</i> by June Hunt
	<i>Growing Strong in God's Family: Rooted and Built Up in Him (The 2:7 Series)</i> by The Navigators
Counselors	
	Erica Kimball at Sparrow House Counseling (Anxiety) https://sparrowhousecounseling.com/team/erica-kimball
	Mara Estrada at The Center Counseling (Anxiety) https://thecentercounseling.org/team/mara-estrada
	Derek Harmon at Sparrow House Counseling (Anxiety) https://sparrowhousecounseling.com/team/derek-harmon
	Kayla Solley https://www.his-story.org/team/kayla-solley/
	Sallye Clark at Sparrow House Counseling (Body Image) https://sparrowhousecounseling.com/team/sallye-clark
	Ellen Taylor at Sparrow House Counseling (Body Image) https://sparrowhousecounseling.com/team/ellen-taylor



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Apps To Be On The Lookout For.

 Snapchat	 WhatsApp	 Kik Messenger	 IMVU	 Wizz	 TikTok
 Bigo Live	 LivU	 Yubo	 Discord	 Signal	 Threema
 Tumblr	 Monkeyrun	 YouNow	 Whisper	 IMO	 WeChat
 Boo	 MYLOL	 Hoop	 wink	 Viber	 Badoo
 Liveme	 MeetMe	 Tango	 HoneyCam	 Tellonmy	 SpotaFriend
 YIKYAK	 Likee	 Wishbone	 Ometv	 iRL	 NGL
 HOLA	 Tagged	 Joi	 SKOUT	 azar	 Bumble

*Some of the below Apps can be safe if used in a smart way.

Social Media Apps			
Tumblr	SnapChat	TikTok	Instagram



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Reddit	Spreely	social	zoomerang
Facebook	Thriller	IRL	VSCO
Twitter	MeWe	YikYak	WeChat
QZone	Gab	Hoop	Wishbone
Tout	Rumble	GETTER	Marco Polo
BeReal	Lapse	Houseparty	

Live-streaming and Video Chat Apps

Houseparty	Twitch	17Live	Live.Me
Big Live	Tango	SuperLive	Coco
BIGO Live	Yubo	MICO	ly
Uplive	Livestream	Imo live	Camsurf
Clover	Nonolive	OK Live	Omega
REALITY	YouNow	Hakuna	Hola
Quibi	Spoon	Likee	Marco Polo

Chat Apps

Kik	Threema	Discord	WhatsApp
Vibner	Wink	Signal	Anonymous Chat Room
Line	Itsme	ICQ	Cheers
Telegram	BOSS Revolution	Hangouts	Squad
Caffeine	Chatjoy	Addchat	Byte
Clubhouse	Imo	Wizz	Omegle
IMVU	Nowchat	BOTIM	Telonym
Friends	Messenger	BiP	Fam

Explicit Apps



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iGirl	Lifestyle for Men	Naughty Video Chat	Radish Fiction
Dipsea	Kegel	Tickle Her	
Juice Live	Joyhouse	Galatea	
Interactive Story or Simulation Apps			
Scandal	Producer	Chapters	Choose Your Story
Kiss Kiss	Campus	Ikemen Vampire	The Arcana
Stories: Your Choice	Dream Zone	Episode	
My Fantasy	Hotel Hideaway	BloodKiss	
Deepfake Apps			
Reface	Wombo	DeepFaceLab	Jiggy
FaceMagic	FakeMe	FaceApp	iFake
Avatarify	Impressions	FaceSwap	
iface	MyHeritage	FacePlay	
Secret Storage Apps			
Best Secret Folder	Locker	Secret Photo Vault	Secure Private Calculator
Calculator#	Privault	Calculator Secret Folder	
Anonymous Apps			
Ask.FM	Lipsi	Tellonym	Whisper
NGL	Vent	Burner	Phoner
DarkWeb Apps and Message Boards			
Omnichan pro	Mimi 4Chan	Ichan	Red Onion

Important Notes:

- Apps on your phone can be renamed.



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- Apps can be hidden and won't appear on any of the phone's pages.

Therefore:

- Open every App on the phone.
- Look up Apps in the App Store and search for specific Apps to see if they have already been downloaded and maybe are hidden.